

Chandler Unified School District

06PEWB Physical Education/ Wellness 6 SY 2023-24



Course Overview

Course Description

This course provides students with the knowledge, skills, and values necessary for a lifetime of physical activity and wellness. Students will learn about the importance of physical fitness, nutrition, and sleep for overall health and well-being. They will also develop a variety of motor skills and participate in a variety of sports and recreational activities.

AP/IB/Dual Enrollment

No

Prerequisite/Fee(s) None

Course Materials

Athletic clothing Athletic shoes

Adopted Resource(s)

Teacher provided

*An asterisk will indicate a resource containing sexually explicit materials per legislative definitions. CUSD has determined that all resources listed above are of exceptional educational value.

Site and Faculty Information

School name and address:

Andersen Junior High School, 1255 N Dobson Rd, Chandler, AZ 85224

Building principal:

Antasio Holley holley.antasio@cusd80.com

Teacher:

Lori Garcia B.S, M.Ed. garcia.lori@cusd80.com **Office hours:** By appointment

Course Access

This course is taught in-person at Andersen Junior High School. Students will have access to the curriculum and instruction in the classroom. Google Classroom is the primary location for students to access material when absent from classes taught in person.

Help

Academic Support

- Contact the teacher to schedule an appointment during office hours
- Ed Tech support for students, parents/guardians, and community link (cusd80.com/Page/45109) Mental Health Support
 - CUSD mental health support <u>cusd80.com/Domain/10528</u> or 480-573-8808 (talk or text)
 - Suicide & Crisis Lifeline: 9-8-8 hotline
 - 24-hour Crisis Line Talk: 602-222-9444, Text: 741-741

Student Conduct, Success, and Responsibilities

Student Handbook

Students must follow the policies and procedures established in the Student Handbook. Copies of the handbook can be found at <u>cusd80.com/handbooks</u>. Printed copies will be provided upon request.

Student Responsibilities

-Students should come to class prepared and ready to participate. This means they should be dressed out in athletic clothing and appropriate footwear, and bring a positive attitude.

-Students should participate in all physical activities to the best of his/her abilities.

-Students should challenge themselves to improve their skills and fitness levels throughout the units in which they participate.

Locker Room Procedures:

-Students arrive to class before the tardy bell rings and go directly to their locker room.

-Students prepare in a timely manner for class and ensure their valuable belongings are secure in a locked locker and the lock is secured.

-When ready for class, students will place their backpacks in the front locker room equipment room and enter the gym.

-After entering the gym, students will walk directly to their class section area of the bleachers and wait for attendance.

Using the Restroom:

-When class is inside, if a student needs to use the restroom they will be allowed (one at a time) to use the restrooms located in the gym lobby.

-When class is outside, students need to ensure they use the restroom before exiting the locker room. If it is an emergency, the teacher will radio the office for support.

-At the end of class, students will wait at the door to be let into the locker room.

-Teacher will open the front equipment room for students to get their bags. Students must grab their bag and take it to their locker.

-When ready, students must return to the gym, sit in their class section area of the bleachers until the bell rings, and then walk to their next class.

Other Student Expectations:

-Students may be allowed to have a small snack in the locker room but must clean up any messes. No gum is permitted. Teachers can revoke food privileges at any time if students are not being responsible with food and drink.

-Phones are not to be out in the locker room at any time. Phones must be locked in the students locked locker. Phones will be confiscated, and parents must pick up phones from the office if visible in the locker room.

-Inappropriate language, bullying, harassment, and/or intimidation will not be tolerated in the locker room at any time.

-Students must practice safe behaviors by walking and keeping their feet on the floor and keeping their hands and feet to themselves.

-Students will report any inappropriate behavior or concerns to the teacher or other staff members as soon as possible.

Late work

-Students have as many days as they were absent to complete any work missed during their absence.

-Make up assignments can be found in Google Classroom.

Assessments and Assignments

Students will complete assessments during each unit of study to assess their understanding. Students will complete the CUSD Common Final at the end of the first and second semesters. The Common Final

will count for 20% of the student's final semester grade in grades 9-12 and 10% in grades 7-8 (some exceptions may apply at the Junior High level). Common finals will be in ELA, Math, Science, Social Science, and World Language.

Final exams will be given during the CUSD Jr High/High School Early Dismissal days in December and May, as identified on the <u>District Calendar</u>.

If students are requested to participate in a survey, the survey questions will be provided to parents/guardians seven days before student contact.

Grading

Grade	Percentage
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Α	В	С	D	F
90% - 100%	80% - 89%	70% - 79%	60% - 69%	<60%

Quarter grades

Students can earn up to 10 points per day. -5 points for dressing out -5 points for active participation

Student also earn up to 40 points per quarter by participating in timed mile runs.

Semester grades

Semester grades are calculated using 45/45/10: Each quarter accounts for 45% of the semester grade and the final exam accounts for the remaining 10%.

Units of study

Units for 06PEWB Physical Education/ Wellness 6

*An asterisk will indicate a unit of study containing sexually explicit materials per legislative definitions. Soccer Hockey Badminton Invasion Games Track and Field Softball



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Parent/Guardian

Acknowledgment

Parents/Guardians should indicate if they "Acknowledge" or have a "Potential Conflict" with their student's participation in the following units by checking the appropriate box for each unit of study listed. Students cannot opt out of a standards-based unit. Marking "Potential Conflict" will prompt the teacher to make contact regarding assignment alternatives.

Unit of study	Acknowledge	Potential Conflict
Soccer		
Hockey		
Badminton		
Invasion Games		
Track and Field		
Softball		

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By signing and returning this form, the parent/guardian acknowledges they have reviewed the resources and units of the study included in the syllabus.

As the parent/guardian, I understand that I may contact the teacher if I have questions about the resources, content, or units of study.

As the parent/guardian, I understand I can check my student's grades in Infinite Campus anytime during the school year.

Student name (printed)	
Student signature	
Parent/Guardian name (printed)	
Parent Signature	
Date	

Please return this page to your student's teacher.